**Course Name:** Fall Protection Competent Person

**Scope of Training:** The content of this course follows the training criteria set forth by OSHA regulations for Qualified Persons. The Fall Protection Course for a Competent Person teaches attendees how to apply OSHA regulations and ANSI standards, pre-plan designs, equipment requirements and rescue. Also how to determine anchorage point locations and force requirements for personal arrest and restraint systems, write specifications and guidelines for contractors, create horizontal lifeline applications and inspection procedures, and reduce fall hazard exposures.

Thus, successful completion of this course does not, alone, establish an individual as a “competent person”. By its terms, the definition of a “competent person” compels the employer to select an employee based upon his or her capability to identify hazards. A competent person requires the individual have the authority to take prompt corrective action. No course can provide that authority, since it can only be provided by the employer.

**Course Length:** 6-8 hours

**Training Provider:** Falck Safety Services

**Course Objectives:** At the completion of the course, a student will have gained knowledge in the following:

- Hierarchy of Fall Protection
- Anatomy of a fall, 6-ft and beyond
- Fit, form, and function of a PFAS
- Energy Absorbers
- Anchorage requirements
- Standards and regulations relating to Fall Protection
- Discussion of proposed new standards
- Recognition and identification of fall hazards
- Development and implementation of Fall Protection plans and programs
- Fall Prevention Systems (e.g. handrails, guardrails, etc.)
- Fall Restraint systems (work positioning / travel restricting)
- Fall Arrest systems
- Detailed Equipment inspection & care